



# JeffCo 2030 Report

Warm Springs Nation, Oregon

Agency Longhouse | July 18, 2019

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On a summer evening in 2019, a group of over 40 Warm Springs community members gathered at the Agency Longhouse to participate in a visioning meeting regarding health and wellbeing factors in the community. This meeting was led by members of the JeffCo Connects Community Network and the Native Aspirations Coalition. Using a combination of brainstorming and prioritization processes called nominal group technique, each facilitated table worked to identify supports, challenges, and solutions to health and wellbeing issues in Warm Springs. The following is an ordered compilation of priorities identified, as well as themes that surfaced in the small groups. These ideas will be triangulated and considered as local and county-wide priorities, the priorities identified by the network will help to focus efforts over the next 5 years.

<b>Warm Springs Priorities by Votes Tallied</b>	
19	Accountability from leadership to update laws, codes, and hire tribal members
15	Get back to traditional ways of thinking/ doing. Modern ways disconnect from healing
14	Increase funding (business/economic development, grants)
14	Jobs/employment / training
14	Involve youth
13	Accountability of programs including fiscal and transparency
8	Community wide event to celebrate sobriety and recovery (jamboree)
8	Find root problems and develop treatment option. Prevention and reaction based approach
7	Teach parenting skills: start at home at young age (grow healthy adults)
7	Drug free community
6	Increased educational opportunities
6	Encourage self-love
5	Neighborhood participation (control back to community)
5	Teaching kids healthy habits
4	Reinforcing culture and returning to our cultural teachings to foster community support and values
4	more leadership involvement
4	Coffee Cuppers
2	More community involvement
2	More medical services (behavioral health)
2	Tribes allow small businesses to grow
2	Talking circles (men and women)
2	Gathering retreats
1	Representative who is willing to make a positive change (chief, parents)
0	Stick to local traditional pre-European ways of life

<b>Responses to the question: What do you like about living in your community?</b>	
Family lives here	Location of places
Family support	Weather
Fishing/ hunting	Sober and drug free friends
Swimming holes	Vocational rehab
Hiking	Recovery movement
Walking paths	Elders lunch
Huckleberry picking	Inherent sovereign nation
Pow wow's	Family and relatives
Sweat lodge	Proud culture
Close-knit community	Freedom
Everyone knows everyone	Events for the elders
Friendly greetings	Becoming more united
Happy people	Community feel
Small community	Opportunity for people to build on
Unique	Spiritually strong
Youth programs	Healing department
Youth sports	Library
School	WIFI
Boys and girls club	Outdoor market
Swinging	Natural resources
Gathering/eating cultural foods	Garbage
Roots	Medical and dental services
Traditional events	Rez dogs can use crosswalks
Cultural classes	Program well-briety
Language revitalization	Closed boundaries
Artwork/ beading	Cultural strengths
Woodworking	Community of citizens
The view	Tribal housing
Beautiful scenery	Parenting classes
Free water	Tribal support
Work close to home	Love
Access to things in minutes	

<b>Responses to the question: What things challenge health and wellbeing in this community?</b>	
Access to A&O OV with adults and children	Historical trauma
Lack of equitable services	Lack of specialists (health professionals)
Lack of access	Only one store
Limited funds	Westernized assimilation

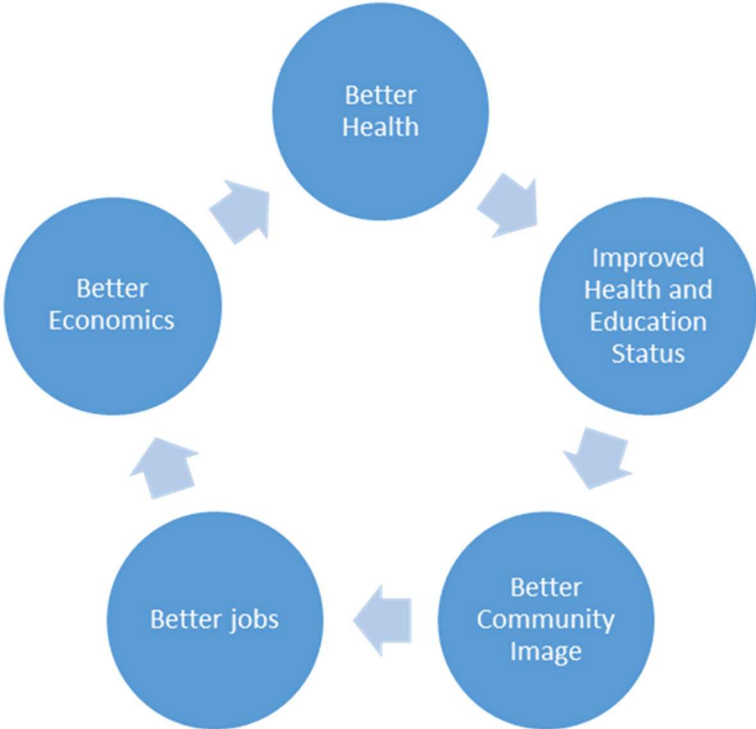
2nd class citizenship	Lateral oppression
Tribal politics	Colonization
Greed	Negativity
Finance protocols	Trauma (barriers, nepotism)
Not enough health care	Sexual abuse, domestic violence
Traditional medicine not utilized (plants)	Excessive change
Inadequate access to needed services	Lack of implementation of traditional healing
Misdiagnosis, inherent bias	No pain management support groups
No medical transportation	No access to support groups
Privacy/ confidentiality	Family and friends are unsupportive
Lack of compassion from law enforcement	Low on EMT's
Lack of jobs and training	Lack of access to healthy foods
Drug and alcohol addiction (youths)	Suicide rates- medical marijuana
CPS	Tribal court system
Favoritism	Nepotism
Lack of caretakers	Lack of fitness support
Parenting / childcare	No bank
Depression	Senior Edu
Housing authority	Gossip/ rumors
Water system	Embezzlement
Lack of B.H/ psych	Bullying
Social media	Medical appointments
Lack of education	Lack of spirituality
Lack of jobs/ long commutes	Not enough for youths to do on the weekends
Elders passing without passing on knowledge	Unhealthy eating
Negative thinking	Unhealthy living conditions
Leadership	Barriers to communication HIS
Not enough popcorn balls!!	Limited resources for people to change their environment
Job outlook	Lack of things open after work
No 24 hour fitness center	Too much tech
Lack of housing	Limited access to health care and providers
Old rules/ policies	No/ poor insurance
Laws are unenforceable	Jail is "unhealthy"
Drug dealer immunity	Legal system, people are sick of trying to help others
Homeless, family dysfunction	Gangsters
Economy is weak	Dysfunctional gov., personal politics
Low self-esteem, laziness in people	Thrive on things that don't help our alcohol and drug problems. No one stands up for our treaty

Lack of housing	Entitlement attitude
Lack of parenting skills/ grandparents are raising kids	Hard living in two worlds
Losing our culture	Failing foster care system
Low wages, below poverty line	Not treating mental illnesses
Do not have the correct doctors to make diagnosis	Hard to get appointments
Slow clinic flow	Transportation to appointments
Lack of forwardness	Distrust with community
Division	Family infrastructure
Lack of economic ventures	Resistant to change
Harsh mentality	“who you are is who you know”
Children and elders are neglected	Natural resource decline
Inconsistency with leadership	No weekend activities
Generational cycles	

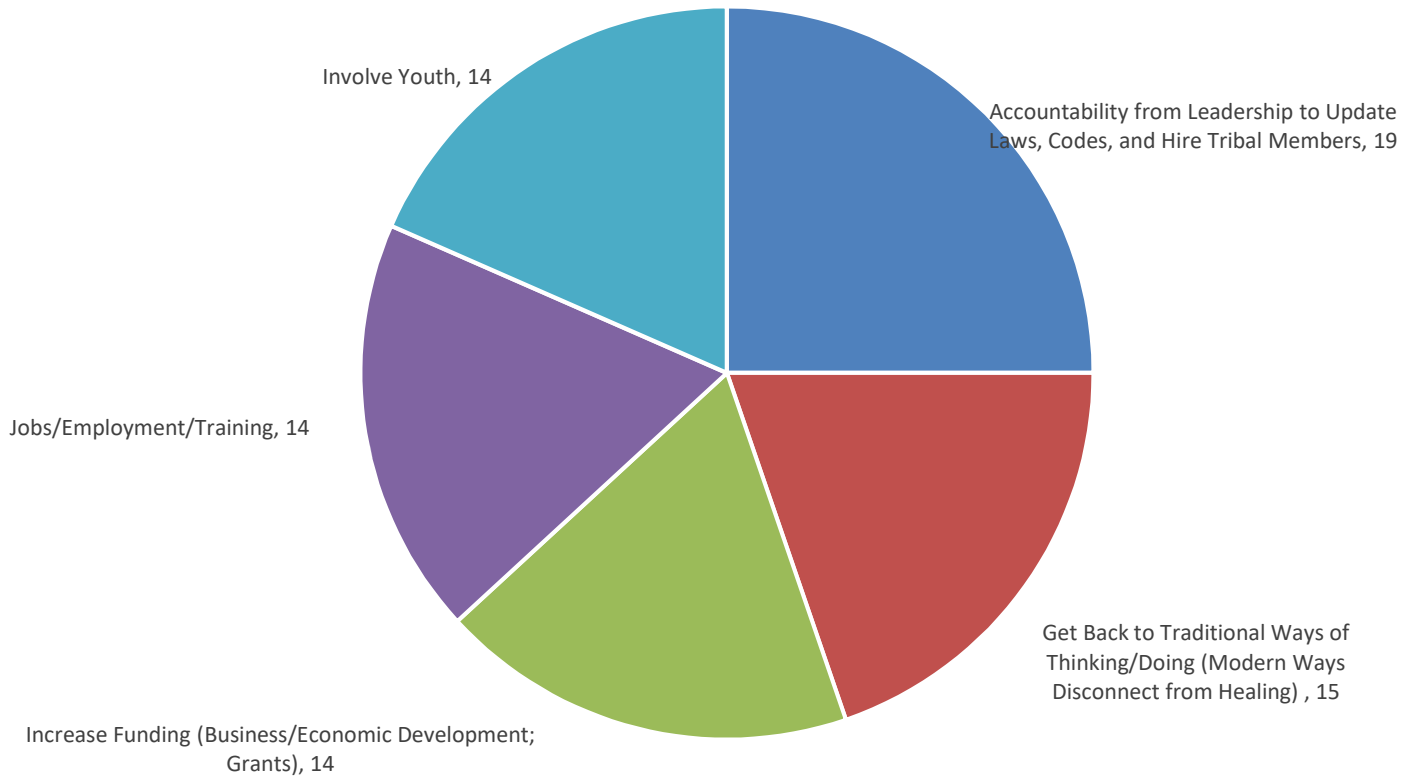
<b>Warm Springs Solutions Affinity Groups</b>	
<b>Affinity Groups</b>	<b>Responses</b>
Jobs/Employment	Day labor; Summer jobs for teens
Leadership	Positive change; Qualified, leadership involvement; More follow through; More leadership in county, state, and federal capacity; Update laws; Financial transparency
Communication	More communication with tribal council; Being clear, not being rude on the phone; Encourage people to speak up without judgement
Addiction/ Recovery	Drug free community residential program; Legalize medical marijuana (25 yrs. and up); Detox/ treatment center; Event to celebrate recovery and sobriety
Health Services	H.C services; More access; One-stop health center; Dialysis treatment; Support groups
Funding	Work together to increase and receive more grants; Increase businesses and economic development; Secure more funding be that private funders or grants; Taxes
Education	Grief support groups and anger management classes; More education opportunities; Training/knowledge on how to navigate school system and other services; Educational summits; Relationship skills class (parenting) healthy cooking classes; Life skills for teens; Jail programs; Apprenticeships
Housing	More housing; Need affordable housing for homeless
Culture	Sweat lodge (men, women, and youths); Reinforce culture; Return to original teachings to foster support and values; Traditional gender

	roles; Pre-European ways; Talking circles (men and women); Gathering retreats; Attend and speak-up at meetings
Businesses	Grocery store; Automotive; Community bank; Laundry mat; Economic growth; Develop businesses and services; Shopping mall; Tribe backs off to allow small business growth
Involvement	More community involvement; Volunteering; Families and elders; Community gathering and service work opportunities; Coffee cuppers; Neighborhood participation; Reinvest in community
Youth	Involve kids/teens; Teaching healthy habits; Weekend activities; Include the youths; Teach to be independent and strong
Support	Support leaders; Share solutions without griping; Encourage self-care; Networking; Listen to elders; All opinions valid; Caretakers

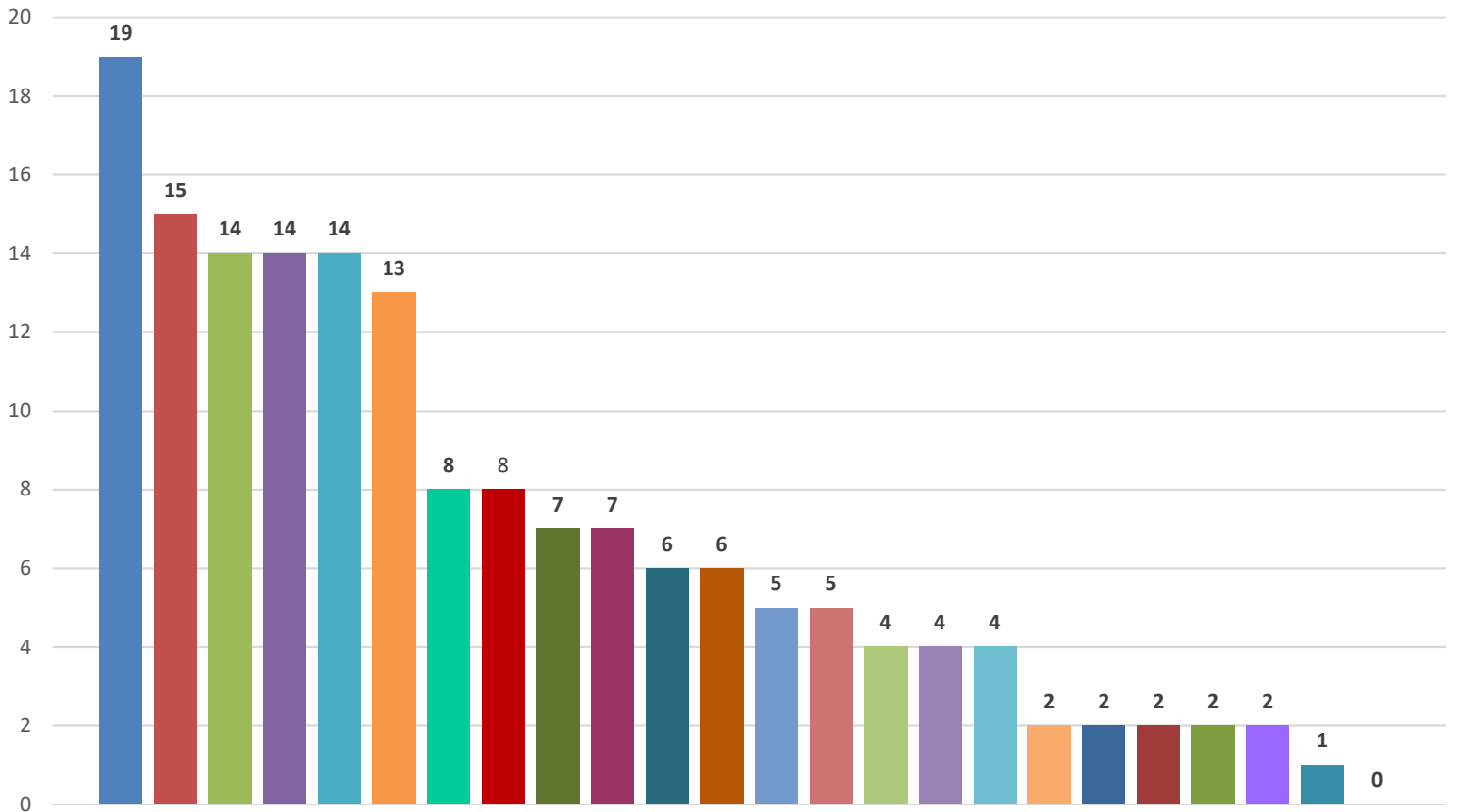
These themes and priorities will be utilized in community-wide and county-wide prioritization as the JeffCo Connects Community Network completes their visioning process in the Fall of 2019. These data will be triangulated with the Robert Wood Johnson Foundation’s County Health Rankings and other local and regional assessments to formulate a project plan and develop funding strategies to accomplish those targets. A huge “Thank you” to everyone who participated in the Warm Springs meeting!



# Warm Springs Top Priorities



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## Warm Springs Priorities Key

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- Get Back to Traditional Ways of Thinking/Doing (Modern Ways Disconnect from Healing)
- Increase Funding (Business/Economic Development; Grants)
- Jobs/Employment/Training
- Involve Youth
- Accountability of Programs Including Fiscal and Transparency
- Community Wide Event To Celebrate Sobriety and Recovery (Jamboree)
- Find Root Problems and Develop Treatment Option. Prevention and Reaction Approach
- Teach Parenting Skills: Start at Home at Young Age (Grow Healthy Adults)
- Drug Free Community
- Increased Educational Opportunities
- Encourage Self-Love
- Neighborhood Participation (Control Back to Community)
- Teaching Kids Healthy Habits
- Reinforcing Culture and Returning to Our Cultural Teachings to Foster Community Support and Values
- More Leadership Involvement
- Coffee Cuppers
- More Community Involvement
- More Medical Services (Behavioral Health)
- Tribes Allow Small Businesses to Grow
- Talking Circles (Men and Women)
- Gathering Retreats
- Representative Who is Willing to Make a Positive Change (Chief; Parents)
- Stick to Local Traditional Pre-European Ways of Life



